



Cleo—resting after a routine operation at our Lyndhurst surgery

Adolescent Health Check

Has your puppy or kitten reached 6 months of age?

If the answer is **YES**, then you are welcome to book a **FREE** Health Check appointment with either Elyse or Lizzie at our Lyndhurst surgery or Bev or Katie at our Totton surgery.

You will have an opportunity to discuss spaying/castration, training, behavioural problems, diet or any other concerns.



Ring
023 8066
0400/023
8028 2358



★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★★
★ A big welcome to vet Matthew ★
★ Oxford who joins us on 2nd June. ★
★ He will be working at both our ★
★ Lyndhurst and Totton surgeries. ★
★ ★★

First Aid for your Dog

Here are a few tips for how to deal with emergencies while out walking with your pet:

- Always carry your mobile phone and have your vet's number programmed in. Even out of hours, you will be able to speak to someone who can give you urgent advice should your pet become ill or injured.
- Any cuts that cause bleeding should have pressure applied with a clean cloth or, in a pinch, clothing. If you have access to clean running water, flushing the wound will help remove dirt and bacteria that can lead to infection. Avoid using creams and ointment until veterinary advice has been sought. All but the smallest cuts should be seen by your vet to ensure there is no damage under the skin and to determine if sutures are necessary.
- Should an adder bite your pet, veterinary attention must be sought straight away. Use the mobile phone you are carrying to alert your vet you are on your way. In the meantime, your pet should have its movement restricted, and be carried if at all possible. If you live in an adder-prone area, it is worthwhile carrying an antihistamine tablet to give straight after a bite. These can be used for insect stings too so your vet would be happy to advise you on a suitable product.
- Heat exhaustion can happen to any pet even on only a mildly warm day. This condition can cause your pet's core body temperature to become very high, leading to collapse and, in severe cases, even death. Pets with long, thick hair or short noses are particularly susceptible. On warm days, keep a close eye on your pet and stop walking well before they become tired. Should your pet become overheated, pour cool water over them, especially on the pads and head, and wet the tongue. Call your vet, and avoid making your pet walk home or back to the car - carry them if possible.
- Consider carrying a walking first aid kit. This should contain a tick hook, tweezers (for thorns), antihistamine tablets, your mobile phone, a collapsible water dish, an emergency whistle and a bottle of clean water will keep you and your pet safe on a long walk.

Do you have trouble remembering when your pets' worm pill is due or when you should be giving the next flea and tick treatment. If so we can help you. You can sign up for our free text messaging service. Let us have your name, address and mobile number and how often you would like a reminder and we will send you a text message letting you know when the treatment is due. If you would like further details or would like to sign up to the text messaging service, then contact reception or ring 023 8028 2358/023 8066 0400.

